

# Cancer Education

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## The Problem

- Based on rates from 2004-2006, 40.58% of men and women born today will be diagnosed with cancer of all sites at some time during their lifetime. This number can also be expressed as 1 in 2 men and women will be diagnosed with cancer of all sites during their lifetime.

National Cancer Institute <http://seer.cancer.gov/statfacts/html/all.html>

- One out of three Americans will get cancer before they die.  
September 19, 2007 5:45 PM CBS News <http://www.cbsnews.com/video/watch/?id=2616804n>
- Cancer accounted for only 4% of all deaths in 1900 but 23% in year 2000  
Mokdad et al., 2004, *JAMA* 291:1238-1245 <http://www.dphhs.mt.gov/PHSD/cancer-control/documents/SpecialSupplement10-2006pdf.pdf>
- The most recent analysis of the benefits of chemotherapy was conducted by three senior Australian oncologists. They did an analysis of all clinical trials of chemotherapy drugs for all the major cancers affecting adults that reported positive results for a 5 year period. Survival data were drawn from the Australian cancer registries and the US National Cancer Institute's Surveillance Epidemiology and End Results (SEER) registry spanning the period January 1990 until January 2004. Their conclusion was that chemotherapy for the major cancers – breast, lung, colon, rectum, etc – was responsible for increased survival in 2.1% in the USA and 2.3% in Australia of cases overall. Of all the cancers studied, only testicular cancer and Hodgkin's disease showed significant benefit from chemotherapy. That means that chemotherapy has an average 5-year survival success rate of just over 2 percent , except in testicular cancer and Hodgkin's disease. That means only 2% of the cases make it 5 years.

*"The Contribution of Cytotoxic Chemotherapy to 5-year Survival in Adult Malignancies"* Australian journal *Clinical Oncology* - Clin Oncol (R Coll Radiol). 2005 Jun;17(4):294 (All three of the paper's authors are oncologists.) <http://www.ncbi.nlm.nih.gov/pubmed/15630849>  
<http://cancerfighter.wordpress.com/2008/10/10/how-effective-is-chemotherapy/>

- Chemotherapy has been shown to be effective in only 5% of all cancer cases.

Richard Chamberlain, "Cancer, the Complete Recovery Guide" Pg 54, Long Island Press, 2008

- "Current research indicates that the most common used breast cancer chemotherapy regimen almost certainly provides no benefit whatever to 92% of patients."

Ralph Moss Newsletter January 2007

- "We have a multi-billion dollar industry that is killing people, right and left, just for financial gain. Their idea of research is to see whether two doses of this poison is better than three doses of that poison." - Glen Warner, M.D. oncologist.
- "As a chemist trained to interpret data, it is incomprehensible to me that physicians can ignore the clear evidence that chemotherapy does much, much more harm than good." - Alan Nixon, Ph.D., Past President, American Chemical Society
- I wouldn't have chemotherapy and radiation because I'm not interested in therapies that cripple the immune system, and, in my opinion, virtually ensure failure for the majority of cancer patients." - Dr Julian Whitaker, M.D.
- "My studies have proven conclusively that untreated cancer victims actually live up to four times longer than treated individuals. For a typical type of cancer, people who refused treatment lived for an average of 12-1/2 years. Those who accepted surgery and other kinds of treatment lived an average of only three years. - *Dr. Hardin Jones, professor of medical physics and physiology at the University of California, Berkeley.*
- Polls and questionnaires show that three doctors out of four (75%) would refuse any chemotherapy because of its ineffectiveness against the disease and its devastating effects on the entire human organism.  
<http://www.curenaturalcancro.com/2-physicians-refuse-chemo.html>

## Cause

The cause of cancer is simply a lack of oxygen within our cells. The cells have changed to using sugar for energy rather than oxygen, i.e. fermentation. Cells void of oxygen begin to rot. How does this happen?

1. Cell membranes become "clogged" or less permeable so that oxygen doesn't enter the cells and toxins are not released. This is caused by a lack of or an imbalance of fatty acids.
2. Cells become toxic with their own metabolic wastes and also become contaminated with toxins (heavy metals, industrial wastes, chlorine, etc.). This furthers impedes the process of using oxygen for energy.

3. Cells become weakened through nutritional deficiencies that incapacitate its natural metabolic processes. This further impedes the process of using oxygen for energy.
4. Cells void of oxygen and nutritional requirements that are congested with toxins become acidic, which sets the environment for the fermentation process. Cells also become “bathed” with acid generated from stress, unforgiveness, and a diet high in sugar, toxic chemicals, and devitalized foods.
5. Microbial pathogens take advantage of the terrain to proliferate the fermentation process. Cancer cells begin to multiply.

An Israeli study confirmed that cancer cells have three times the amount of insulin and take up glucose 3-5 times more than normal cells, supporting the concept of a sugar-based metabolism. (*fermentation*) <http://www.drkaslow.com/html/cancer.htm>

*"Cancer, above all other diseases, has countless secondary causes. But, even for cancer, there is only one prime cause. Summarized in a few words, the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar."* Otto H. Warburg – (German physiologist, medical doctor and Nobel laureate). [The Prime Cause and Prevention of Cancer](http://en.wikipedia.org/wiki/Otto_Heinrich_Warburg) accessed October 30, 2007 [http://en.wikipedia.org/wiki/Otto\\_Heinrich\\_Warburg](http://en.wikipedia.org/wiki/Otto_Heinrich_Warburg)

## **Emotional Support**

Having daily communion is significantly helpful. Some have felt a supernatural healing come upon them from this alone. 2 Chronicles 16:12-13 records that Asa sought the physicians and did not seek the Lord and died of his diseased feet. A good text to start with for communion is 1 Corinthians 11:23-29. A 40 commitment is suggested.

A prayer partner is highly recommended. Deal with any anger and unforgiveness. A trained Biblical counselor can greatly help with mental strongholds, inner healing, and generational curses. (Compassion Christian Counseling – 409-832-5772)

## **Juicing**

Juicing (organic if you can and just juicing for the 1<sup>st</sup> week can be very beneficial): Especially plenty of carrots and low sweet apples; but you can also add in garlic, beets with the tops, green leaves, celery, and cabbage. Do not juice fruit as it is too sweet and without the fiber will cause spikes in blood sugar and thus excessive release of insulin.

## Suggested Diet

Drink plenty of clean water, but if you are juicing and drinking plenty teas such as green tea (decaffeinated), you may not need so much.

### Do not consume any of the following:

sugar, brown sugar, store bought fruit juice, refined breads, caffeine, pasteurized milk, animal fats, artificial preservatives, chemical additives (flavorings and colorings), fried foods, canned vegetables, canned fruit, aspartame, white rice, white potatoes, iceberg lettuce, pasta, MSG, trans-fatty acids, hydrogenated oils, red meat, chlorinated or fluoridated water, table salt, processed cheese, soybean products, peanuts, iron supplementation, alcohol, and tobacco or second hand smoke.

### Eat 80% raw and 20% cooked foods:

Vegetables: asparagus, lettuce, beets, onions, broccoli, parsley, brussels sprouts, peas, beans, cabbage, legumes, carrots, tomatoes (fresh), cauliflower, summer squash, cucumbers, winter squash, celery, zucchini, acorn, eggplant, red potatoes, green peppers, butter squash, greens, radishes, turnip, okra, spinach, parsnip, mustard, collards, beets, etc.

Fruit: grapefruit, avocado, mango, orange, nectarine, peach, pineapple, papaya, apricot, grapes, etc.

Raw nuts and raw seeds (unroasted): almonds, brazil, cashews, filberts, walnuts, pecans, pumpkin seeds, sunflower seeds, sesame seeds (Nuts can be a high stress protein, so none at first and in moderation after significant improvement.)

Oils: virgin coconut, avocado, cold pressed sesame, flaxseed, almond, cold pressed safflower, cold pressed sesame oil, butter (moderation), cold pressed olive oil

Grains (in moderation): barley, wheat, millet, brown rice, oats, buckwheat, corn (many people are allergic to wheat, oats, and corn and you should check for that)

Other: legumes, beans, lentils, oatmeal, eggs-poached, whey protein, cottage cheese, raw goat or raw cow milk, yogurt (can sweeten with stevia or a little black strap molasses or minced raw fruit), occasional broiled fish that has fins and scales or baked chicken (perhaps once a week after significant improvement).

Low stress proteins (easy to digest, short digestion time, promote health, return more energy and nutrients than they take) are: whey protein, beans (particularly when sprouted - they have more carbs when boiled), beet leaf, chlorella and other sea algae, conch, cottage cheese, raw milk, dulse, eggs-poached, feta cheese made

from sheep or goat milk, gelatin, miso, raw nuts (not peanuts) are a medium stress protein that is improved when they have been soaked in water and blended more into liquid form -so use sparingly, ocean fish (Cod, Sole, Flounder (not from Boston Harbor), Grouper, Haddock, Halibut, Mahi Mahi, Marlin, Red Snapper, Pacific Salmon (just have to be careful of the mercury in fish - so deep clean waters is the preferred source), raw potato juice (not Russet bakers) (remove eyes and green spots) Raw goats milk, wild rice (cooked without boiling) Organically grown chicken without skin is a borderline medium stress protein (use sparingly).

## **Sleep and Sunshine**

Get plenty of sleep and rest. Also daily walking (weather permitting) with deep breathing in the sunshine is invigorating. Reserve every 7<sup>th</sup> day for rest. Walking facilitates the movement of lymph and oxygenation of the body. Sunshine promotes the immune system and the providing of vitamin D.

## **Specific Support**

### Budwig protocol of flax seed oil and low fat cottage cheese

Dr. Johanna Budwig – (1908 -2003) she was nominated 7 times for the Nobel Prize. Dr. Budwig had over a 90% success rate with her diet and protocol with all kinds of cancer patients over a 50 year period. <http://www.budwigcenter.com/>

As Dr Willner, M.D., Ph.D. (The Cancer Solution) writes, "Numerous, independent clinical studies published in major medical journals world-wide confirm Dr. Budwig's findings.... Over 40 years ago Dr Budwig presented clear and convincing evidence, which has been confirmed by hundreds of other related scientific research papers since; that the essential fatty acids were at the core of the answer to the cancer problem.

[http://www.healingcancernaturally.com/budwig\\_protocol.html#Budwig](http://www.healingcancernaturally.com/budwig_protocol.html#Budwig)

### Essiac Formula

Rene Caisse devoted over fifty years of her life to treating thousands of cancer patients with Essiac. So effective were her free treatments that in 1938 her supporters gathered 55,000 signatures for a petition, amongst other petitions, to allow Rene Caisse to continue treating cancer patients. A bill was introduced in the Ontario legislature to (allegedly) "authorize Rene Caisse to practice medicine in the

Province of Ontario in the treatment of cancer and conditions therein". Due to the machinations of the medical establishment, the bill failed to pass by just three votes.  
<http://www.healthfreedom.info/Cancer%20Essiac.htm>

The four essiac herbs are burdock root (arctium lappa), slippery elm inner bark (ulmus fulva), sheep sorrel (rumex acetosella), indian rhubarb root (rheum officinale)

Good Herbs has the combination as a liquid herbal extract with Cat's Claw added. The formula is called KIC & CAT'S CLAW-L.

### Frequency Generator

In the 30's Dr. Royal Rife (1888-1971) was the inventor of a frequency generator. It was tested at the University of Southern California. Sixteen cancer cases were treated with the device. Each patient was treated every 3 days. There was a 100% success cure of all 16 patents and 14 of the "hopeless cases" were discharged as clinically cured after 3 months of treatment. Dr. Rife's claims were that through a microscope he invented that had a magnification of 60,000X, he was able to see a type of bacteria that was able to transform into a fungus and also into a virus. He found this type of bacteria in 90% of cancer patients. The Rife machine was used to generate vibratory frequencies that had the ability to destroy these pathogens. Richard Chamberlain, "Cancer, the Complete Recovery Guide" Pg 287-288, Long Island Press, 2008

### Coffee Enemas

The coffee enema allows the liver to dump toxins to the colon very quickly. Much of the waste eliminated is in the form of enzyme inhibitors. How often? - anywhere from 2 per day to 3 per week depending on your circumstances.

As toxins are being mobilized from the tissues, the liver can become overwhelmed. Frequent enemas prevent suppression of protein-digesting enzymes, which works toward preventing altered cells from forming a protein coating that "walls off" abnormal cells from the immune system. Coffee enemas are also a means to help the colon. Coffee enemas can also alleviate pain throughout the body and also headaches. A procedure for doing a coffee enema can be found online at <http://gettingwellnaturally.com/modules/content/index.php?id=10>.

### Vitamin D3

JoEllen Welsh, a researcher with the State University of New York at Albany, has studied the effects of vitamin D for 25 years. Part of her research involves taking human breast cancer cells and treating them with a potent form of vitamin D. Within a few days, half the cancer cells shriveled up and died. Welsh said the vitamin has the same effect as a drug used for breast cancer treatment. "What happens is that vitamin D enters the cells and triggers the cell death process," she told "Good Morning America." "It's similar to what we see when we treat cells with Tamoxifen," a drug used to treat breast cancer. <http://abcnews.go.com/GMA/OnCall/study-vitamin-d-kills-cancer-cells/story?id=9904415>

### Miracle Mineral Solution or MMS mixed with MSM combined with DMSO and Colloidal Silver

An overnight cure for cancer was designed in 2006 to do one thing - revert cancer cells into normal cells. This procedure requires drinking chlorine dioxide (MMS with citric acid) combined MSM. One teaspoon per hour of DMSO is taken in 4 ounces of water.

In this protocol MSM is paired with chlorine dioxide. The main purpose of the MSM is to keep DMSO from breaking down into MSM. The DMSO "opens up" the cancer cells so other molecules can get inside of the cancer cells. Taking the colloidal silver is the easiest part of this treatment. All you have to do is take two tablespoons every hour. Complete protocol can be found at [http://www.new-cancer-treatments.org/Cancer/OCC\\_04\\_Elements.html](http://www.new-cancer-treatments.org/Cancer/OCC_04_Elements.html).

### **Support Strategy**

1. Strengthen your resolve with knowledge, scripture, and supportive friends.
2. Commit to 40 of observing communion with the Lord.
3. Change the diet. Stop putting in the "bad" things and put in live foods.
4. Water, green tea, Budwig formula, and vegetable juice only for 1 to 2 weeks combined with coffee enemas each day to cleanse the body and bowel. This will strengthen your system and begin the cleansing process.
5. Add in Vitamin D3, KIC & CAT'S CLAW-L, and use of a frequency generator. This will begin to kill abnormal cells, so modify as needed. If your system is overwhelmed with the toxins and dead cells, you feel weaker and sicker.
6. Consider the protocol of MMS, DMSO, MSM with colloidal silver after progress has been made. Starting out, many people will have too many pathogens and would experience an excessive die-off reaction.
7. Consider working with a nutritionist or naturopath for supportive strategies.

## Resources for Information

### Books

- “Cancer Battle Plan” by Anne and Dave Frahm
- “Cancer – The Complete Guide to Recovery” by Jonathan Chamberlain
- “The Hidden Story of Cancer” by Brian Scott Perskin
- “Cancer: 50 Essential Things to Do”: Third Edition" by Greg Anderson
- “The Cancer Cure That Worked: 50 Years of Suppression” by Barry Lynes
- “Essiac: A Native Herbal Cancer Remedy” by Cynthia Olsen
- “Cancer - The Problem and the Solution” by Johanna Budwig and Nexus Hirneise

### Web sites

- <http://www.cancerfightingstrategies.com/index.html>
- <http://cancertutor.com/>
- <http://www.cancure.org/home.htm>
- <http://www.drday.com/>
- <http://www.healingcancernaturally.com/index.html>
- <http://www.budwigcenter.com/>
- <http://www.fightingcancer.com/>
- <http://www.youtube.com/watch?v=RSoddptWL0s>