

## Gastrointestinal Questionnaire

### Small and Large Intestines

- Feeling of stomach or bowel cramps
- Feel tired after meals
- Flatulence (gas) throughout day and night
- Stools poorly formed
- Stools have foul odor
- History of pimples, skin eruptions
- Diarrhea
- Hard or painful bowel movements
- Vision deteriorating rapidly
- Frequent stomach aches
- Alternating - diarrhea and constipation
- Frequent abdominal cramps
- Less than one good bowel movement per day
- Thin, pencil - like bowel movements
- Big meat eater