

Hormones - MALE Questions

Testosterone and / or DHEA Deficiency

- Softer erections
- Fatigue and lower stamina
- Loss of sex drive
- Loss of muscle mass and strength
- Foggy thinking or decreased mental ability
- Sleep disturbances
- Depression or moodiness
- Erectile dysfunction

Estrogen Excess and Progesterone Deficiency

- Prostate problems
- Decreased sex drive
- Decreased urinary flow
- Increased urinary urge
- Weight gain in the hips
- Nervous / irritable

Hormones - FEMALE Questions

Progesterone Deficiency

- Cyclical headaches
- Miscarriage (s)
- PMS
- Painful or lumpy breasts
- Infertility

Estrogen Excess and Progesterone Deficiency

- Weight gain in hips
- Sugar cravings
- Decreased desire for sex
- Tender breasts
- Water retention or puffiness
- Heavy Menstruation
- Mood swings, crying spells or depression

Estrogen Deficiency

- Night sweats
- Vaginal dryness
- Hot flashes
- Painful intercourse
- Foggy thinking, memory lapses
- Headaches
- Depression or tearfulness

Testosterone Excess

- Loss of scalp hair
- Oily skin, acne
- Increased facial hair

Testosterone and / or DHEA Deficiency

- Low sex drive
- Vaginal dryness
- Memory lapses or foggy thinking
- Depressed or irritable
- Sleeping problems and / or fatigue

This questionnaire is for education purposes only and not for diagnosing, treatment or prescribing of remedies or cures for any disease or medical condition.